

Implementation Record

1. What relevant learning activities did I undertake that apply to this *Implementation Record*?

Check appropriate Learning Records. You must select one or more of the following COMPLETED Learning Records that are relevant to your implementation objective. Your implementation must be directly related to a minimum of 1 CEU of learning activities completed within the current CE cycle.

	Learning Record Title	CEUs
<input type="checkbox"/>	Jurisprudence learning module: Chapter 4 – Patient care	1
<input type="checkbox"/>	PTSA conference	4
<input checked="" type="checkbox"/>	Stroke and Hypertension	1
<input checked="" type="checkbox"/>	Review of blood pressure monitors	1
<input type="checkbox"/>		

Additional learning activities that are relevant but completed in the previous CE cycle (optional)
CEUs completed in the previous CE cycle do not count towards the minimum 1 CEU requirement

2. What was my implementation objective? (SMART format)

Consider: What learning did I apply to my practice? How did I put this new learning to use? Who was the intended audience? How did I know I achieved my implementation objective (i.e., what was the outcome)? What supporting documentation am I uploading?

By May 1, 2016, I will use my newly reinforced knowledge of hypertension and blood pressure monitors to assist 3 patients with selecting a home blood pressure monitor, educate them on how to measure their blood pressure, and document in the patient's record of care.

3. To which domain did this objective relate?

Select at least one:

- Pharmacy practice, including but not limited to patient care practice
- Medication/device knowledge
- Systems-based practice, including collaboration and patient safety

4. What prompted me to implement this into my practice?

Select at least one:

- Acquired knowledge, skill or ability in this CE Cycle
- Completion of one of the tools in the ACP self-assessment module
- Addressed issues regarding specific patient cases or practice-related problems
- Requested information from patients, colleagues, or other health professionals

- Updated practice or clinical guidelines
- Modified regulatory or policy-related environment
- Received feedback from ACP on my past *Learning or Implementation Records*
- Participation in writing, research, teaching
- Other (please specify):

5. A brief description of why I chose this implementation objective (including the knowledge or skill that I applied or implemented), and how it is relevant to my professional practice.

Consider: What was my rationale for choosing this objective? Did I identify a gap or need in my practice? How does this objective relate to my overall professional practice? How would this objective benefit me and/or my audience?

After completing the CE on Stroke and Hypertension, I was reminded of the importance of monitoring blood pressure. I wanted to promote home blood pressure monitoring and assist my patients with selecting and using a home blood pressure monitor; this was not something I have actively been doing in my practice even though we have a number of patients on antihypertensive drugs. By educating patients on the importance of monitoring their blood pressure and assisting patients with selecting and using the monitors, they will take a more active role in their health to ensure their blood pressure is under control.

6. The steps I took to achieve my implementation objective, including details such as timelines, the audience, people involved and my role if it was a team effort.

After reviewing the article on Stroke and Hypertension and the different home blood pressure monitors at my store, I discussed my objective with my pharmacy team so that they would direct potential patients who needed assistance on a home blood pressure monitor to me. I explained I would assist patients with selecting a monitor and educate them on how to use it. On February 25, 2016, I initiated discussion with a patient who was picking up her ramipril. I asked whether she was monitoring her blood pressure at home and whether she would be interested in acquiring one. I assisted the patient with selecting one with the right cuff size, demonstrated how to use the monitor, and took her blood pressure. I followed up with the patient the following week to address any questions on her blood pressure monitor. I followed the same process with two other patients including documenting the encounter in the patient's record of care. On March 13, I assisted and educated a patient who came into our store specifically looking for a blood pressure monitor. On April 2, one of our pharmacists referred a patient to me; he had recommended to the patient to monitor his blood pressure at home.

7. a) What was the outcome of the implementation?

Select one:

- Improvement in practice, organization and/or delivery of care
 - Collaborated with the pharmacist to support patient care
 - Developed, implemented, and/or evaluated a policy, procedure, tool, or program
- ✓ Transfer of knowledge, skill or ability to patients or other health professionals
 - Contributed to a health promotional activity and/or educated a patient or another health professional
- Peer verification of my competence
 - Performed a new/reinforced skill or technique and demonstrated competence to a peer

b) Explanation of my selection (7(a)) above:

Consider: Explain how the outcome resulted in an improvement to my practice/organization, a transfer of knowledge, and/or a demonstration of my professional competence.

As a result of my implementation of learning, I have assisted patients with selecting a home blood pressure monitor, educated them on how to properly measure their blood pressure, and documented their blood pressure. I have also followed up with patients and addressed their questions. This has resulted in a transfer of knowledge to the patients.

8. a) One piece of documentation that provides evidence of my implementation.

Upload Supporting Documentation

b) Which of the following best describes the documentation that I am uploading?

Select at least one:

- ✓ Records of care with, all identifying information removed
- Education tools, resources, poster, article, paper
- Presentation, facilitation documentation
- Policies and procedures
- Peer Verification of Skills form
- Other (please specify)

c) Explanation of the documentation that I am uploading (optional)

9. Optional Reflection

a) Did I identify ideas for other implementation objectives?

I could assist patients with selecting a blood glucose monitor and educate them on how to use them.

b) Did I identify the need for future learning?

I will review the current clinical guidelines on diabetes and the different blood glucose monitors.

c) What did I learn from this implementation and what would I do differently?

I learned the importance of engaging patients. There were a number of patients that didn't even think about using a home blood pressure monitor and appreciated that I offered to help. It was extremely beneficial to inform my pharmacy team of my objective.